

SPEAKER



HEALTH PSYCHOLOGY INSPIRATION AND MOTIVATION

- Stress Maintenance
- Maintaining Balance Throughout the Generations
- Dementia: Alzheimer's Disease and Beyond
- The Many Faces of Depression
- Stress and Your Health
- Mental Illness and the Elderly
- Snoezelen Therapy
- Integrative Medicine: Health Psychology
- Depression and Heart Disease
- Motivation for Change
- Healthy Work Environments
- Inspiration
- Developing a Purposeful Life
- Leadership Strategies
- Laughter and Your Health
- Women and Self Esteem
- Wellness: Mind, Body & Spirit Healing
- Burnout and Boredom
- Competency to Make Decisions and Avoid Exploitation

Dr. Stevic-Rust has co-authored three books on health related topics of smoking, heart disease and stress and depression and medical illness. Her books have been published in Poland and India and review by Larry King from Larry King Live at CNN. Over the past 18 years she has been a regular contributor for local television news (Fox 8, WKYC, WEWS Newschannel 5) talk shows (Morning Exchange and Good Company), radio, magazines (Cleveland Magazine, Women's World and Fitness), and has hosted a cable health show.

Her infectious enthusiasm, wealth of knowledge, engaging style and warm sense of humor has afforded her the title of "best speaker" by many organizations. She has become a sought after speaker for a wide range of audiences from healthcare organizations, hospitals, colleges and universities, professional organizations (Hospice, Alzheimer's Association, American Psychological Association, Arthritis and Diabetes Associations, Lake County Bar Association, Ohio Association of Cardiovascular and Pulmonary Rehabilitation), churches and high school commencement keynote. Her presentations are customized and tailored to meet the organizations needs which makes them appropriate for both professionals and the general public.

"Dr. Lori was amazing in front of an audience of 200 or so attendees and is an outstanding communicator. I would recommend her for any speaking engagement or panel of experts in the future"

-Renée DeLuca Dolan, Owner, Contemporary Design Group; Publisher of CBC Magazine

Heart Therapy: Regaining Your Cardiac Health

"Heart Therapy is one of the most important books ever written. As a heart patient, I know this full well. It breaks new ground in the medical and psychological approach. Major work."

-Larry King, Larry King Live Show, CNN

"Dr. Lori Stevic-Rust has been a resource for Fox 8 News in the Morning for over a decade. When we call upon Lori to share her expertise on a topic, she not only covers the nuts and bolts, but she also gives the topic "new life" by putting a practical "news you can use" spin on it. Her advice not only includes the latest medical research, but she has a great ability to insert "real life" anecdotes into her advice. Her on air style always enhances our broadcasts. She is absolutely on our "A list" of media resources."

-Margaret Daykin, Producer, Fox 8 News in the Morning, WJW Television

- Keynote Addresses
- Workshops
- Small Group Training Seminars
- Continuing Education Programs
- High School Commencement Keynote
- Business Retreats

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